

**LEICESTER CITY HEALTH AND WELLBEING BOARD**  
**DATE: SEPTEMBER 2018**

<b>Subject:</b>	Future in Mind Children & Young People's Emotional, Mental Health & Wellbeing Transformation Plan  Implementation Review October 2018
<b>Presented to the Health and Wellbeing Board by:</b>	Chris West Director of Nursing and Quality  Elaine Egan Morriss CAMHS Commissioner / Future in Mind Transformation Programme Lead
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**EXECUTIVE SUMMARY:**

The Children and Young People's Mental Health and Wellbeing National Taskforce (2014) focussed on how to make it easier to access help and support when needed and to improve how children and young people's mental health services are organised, commissioned and provided.

The Leicester, Leicestershire and Rutland's Transformational Plan aims to:-

- Develop in partnership with children and young people (C&YP) and key stakeholders
- Set out a multi-agency approach to improve mental health and wellbeing in C&YP
- Address gaps in current service provision

Our vision is that children & young people will have access to the **right help** at the **right time** through **all stages** of their emotional and mental health development.

For this to happen, we have developed a **whole system approach** to delivering a range of emotional, mental health and wellbeing services that meet **all levels of need**.

We have engaged with all stakeholders, including education, social care, health, police, housing and justice, and children & young people and their families. We have developed a shared work plan with key priorities, including joint commissioning. We have improved the interfaces between our agencies to reduce fragmentation in commissioning and service delivery so that organisational boundaries are not barriers to care.

We continue to monitor progress and implementation of the Transformation Plan through our monthly Future in Mind Governance Meetings. This presentation is intended to provide an update on our progress this year (2018-19) and our plans for 2019-21.

In 2017-18 we have been focussed on a system-wide 'children & young people's emotional, mental health and wellbeing' pathway. Services include:

- Primary Mental Health Teams
- Resilience (including resilience in schools, 0-19 healthy child programmes)
- Online counselling
- Social Care & Early Help (Local Authority Services)
- Early Intervention (working with voluntary sector)
- Specialist Mental Health (working with CAMHS and specialist teams e.g. early psychosis, eating disorders)
- Crisis Resolution and Home Treatment
- Learning Disability Assertive Outreach
- Family Action Post Sexual Abuse Counselling
- Liaison Psychiatry
- City Early Intervention Psychology Support (CEIPS)

In 2019-20 we will continue working in partnership with children, young people, families, carers and professionals to shape the pathway. We have already identified investments for the next year to help transform services further, these include:

- Interventions for children & young people who have Autism with or without Learning Disability
- ADHD
- Triage & Navigation Service
- Trailblazer Mental Health Support Teams working in partnership with education providers
- The Mistle Project developing a 'wraparound' service for looked after children (LAC)
- Support for children & young people who have come into contact with the criminal justice system and developing trauma focussed interventions

## **RECOMMENDATIONS:**

The Health and Wellbeing Board is asked to note the progress made in relation to implementation of the Local Transformation Plan and to agree proposed next steps for 2019-21.